

HEALING ARTS EVENTS – PAST EVENTS

- Apr 2018** **“Yoga Immersion – Why Not? ☺”**
Wamboin, South East NSW
A two-week yoga immersion – a core group of fans turned out for the 6am and 6.30pm classes, we had a great time!!
- Apr 2018** **“Healing Arts Wellness Day”**
Wamboin, South East NSW
Five workshops in one: yoga, aikido, introduction to astrology, introduction to tarot, guided meditation plus lunch – 12 people had a great day!
- Mar 2018** **“Yoga Immersion – Autumn Tune Up”**
Mareeba, Far North Queensland
A three-week yoga immersion – the largest timetable yet incorporating local healing artists for 3 drum journeys and 3 qi gong classes in addition to 36 yoga classes, 3 meditation evenings and 3 ginger compress evenings. 38 people came out during the three weeks, woohoooo, with 8 or 9 at every class and up to 13 at the meditations!
- Feb 2018** **“Yoga Immersion – High Summer Celebration”**
Stokers Siding, Northern NSW
A two-week yoga immersion – exploring the possibilities of future Yoga Immersions in Stokers Siding.
- Jan 2018** **“Yoga Immersion – Prep for 2018”**
Wamboin, South East NSW
A two-week yoga immersion – 22 classes, 4 meditations – 20 people came out during the two weeks, 6 or 7 did almost every class.
- Dec 2017** **“Yoga Immersion – Be Like Water”**
Mareeba, Far North Queensland
A one-week yoga immersion to tune up before Christmas. 13 classes and 2 meditations, and the biggest class ever: 15 people!!
- Nov 2017** **“Healing Arts Wellness Day”**
Burringbar, Northern NSW
Five workshops in one: yoga, qi gong, drum journey, self and partner massage plus lunch – 12 people in attendance.
- Nov 2017** **“Yoga Immersion – Spring Cleanse”**
Wamboin, South East NSW
A one-week yoga immersion – exploring the possibilities of future Yoga Immersions in Wamboin.
- Sep 2017** **“Yoga Immersion – Spring Cleanse” plus “Mini-Meditation Immersion”**
Mareeba, Far North Queensland
A three-week yoga immersion – the retreat you’re having when you’re not having a retreat hehe: 39 classes across three week, non-residential, including a Mini-Meditation Immersion presenting five different styles of meditation over three nights.
- May 2017** **“Workout To Wellness 3”**
Mareeba, Far North Queensland
A repeat of the May 2016 Workout To Wellness... four workshops in

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one: yoga, tai chi, reiki, chakra cleanse and bless, plus lunch – 12 people in attendance.

May 2017

“Yoga Immersion”

Mareeba, Far North Queensland

A one-week yoga immersion: 13 classes across one week, non-residential.

Jun 2016

“Winter Solstice Celebration”

Daintree, Far North Queensland

Six night residential retreat employing yoga, vegan meals, chakra blessings and connections with the medicine wheel, crystals, the Winter Solstice energies and the Daintree Rainforest and Reef to bring about personal transformation – one participant only, which enabled a very targeted experience, and an intense level of connection with himself and joy.

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- May 2016** **“Workout To Wellness 2”**
Mareeba, Far North Queensland
Four workshops in one: yoga, tai chi, reiki, chakra cleanse and bless, plus lunch – 18 people in attendance.
- May 2016** **“Yoga Under the Stars”**
Atherton, Far North Queensland
An extended yoga class incorporating partner yoga and massage on a Friday night for eight people – 20% of proceeds were donated to Beyond Blue.
- Apr 2016** **“Family Adventure and Yoga Camp”**
Echo Creek, Tully, Far North Queensland
Two night residential retreat of adult, kid and family yoga classes and family bonding activities such as obstacle courses, archery and exploring the surrounding natural beauty for six families.
- Mar 2016** **“Stepping Into Oneness”**
Stokers Siding, Northern Rivers
Three night residential retreat of yoga, vegan meals, energy cleansing, chakra blessings and natural art delivered for six people.
- Feb 2016** **“Workout To Wellness”**
Mareeba, Far North Queensland
Five workshops in one: yoga, qi gong, tang soo do, partner massage and sound meditation, plus vegan lunch – 22 people in attendance.